



# **Parent Guide to Human Sexuality Instruction**



**Approved by Plainview ISD  
School Health Advisory Council**

**Revised: Spring 2014**

*This guide has been developed to meet the requirements of the Texas Education Code by providing those with custodial care of students in Plainview Independent School District with human sexuality instruction information.*

*Parents have the right to remove a student from any part of human sexuality instruction.*

*All curriculum materials used in human sexuality instruction are available for reasonable public inspection. Individual course content may/may not be taught on a yearly basis.*

*In all content areas, abstinence will be emphasized as the preferred choice for students.*

*Alternative life styles will not be discussed in the curriculum except in relation to sexually transmitted diseases. (HIV)*

**School Health Advisory Council (SHAC)  
2013-2014 Council Members**

<b>Ana Borrego</b>	<b>Parent - College Hill</b>
<b>Ashley Mayberry</b>	<b>YMCA Health/Wellness Director, Parent - Coronado</b>
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<b>Janie Hart</b>	<b>PISD Counselor</b>
<b>Karen Snipes</b>	<b>Parent - Plainview High School</b>
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<b>Rae Rousseau</b>	<b>PISD PE Teacher</b>
<b>Ron Warren</b>	<b>Parent - Hillcrest</b>
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<b>Sheleta Tolson</b>	<b>Parent - Hillcrest</b>
<b>Sunell Pyeatt</b>	<b>Community</b>

## **Human Sexuality Instruction**

The following courses in Plainview Schools include TEKS which could include instruction related to human sexuality.

### **Plainview High School**

- Health Education
- Biology
- Biology AP
- Anatomy and Physiology
- Child Guidance
- Psychology
- Sociology
- Principles of Health Science
- Medical Terminology
- Health Science
- Practicum in Health Science
- Child Development
- Interpersonal Studies

### **Houston High School**

- Health Education
- Biology
- Psychology
- Sociology

For a full listing of the TEKS (Texas Essential Knowledge and Skills) related to the courses which might include instruction related to human sexuality, please go to [www.tea.state.tx.us](http://www.tea.state.tx.us).

In addition, the abstinence program recommended by the School Health Advisory Council (SHAC) and approved by the Plainview ISD Board of Trustees is the Curriculum by Scott Phelps from Abstinence and Marriage Education Resources. (1-5 hours)

### **Plainview Middle Schools**

#### **Coronado/Estacado**

- Science Grades 6, 7, 8
- Health

For a full listing of the TEKS (Texas Essential Knowledge and Skills) related to the courses which might include instruction related to human sexuality, please go to [www.tea.state.tx.us](http://www.tea.state.tx.us).

### **Middle School Human Sexuality Curriculum**

Nurses and counselors assist students with questions or concerns as needed.

Separate programs for males and females on sexually transmitted diseases may be presented, and may include how they are contracted; symptoms, treatment and prevention will be discussed.

Health TEKS are to be taught at grades 6, 7/8 in PE and Pre Athletics/Athletics.

The abstinence program recommended by the School Health Advisory Council (SHAC) and approved by the Plainview ISD Board of Trustees is the program by Scott Phelps from Abstinence and Marriage Education Resources. (1-3 hours)

### **Plainview Elementary Schools**

**College Hill/Edgemere/Highland/Hillcrest/La Mesa/Thunderbird**

#### **5<sup>th</sup> Grade**

Separate programs for males and females that deal with the changes experienced during puberty are held on each elementary campus by the school nurse and a male teacher.

The school nurse/counselor will visit with students individually as needed about puberty/menstruation/personal hygiene/human anatomy/inappropriate touching.

#### **PK-Grade 4**

Currently, no formal human sexuality instruction is being provided in the elementary grades pre-kindergarten through grade 4. Nurses and counselors use teachable moments to provide informal instruction on topics of need to individual students.

Health curriculum is taught by the Physical Education teacher during PE. For a full listing of the TEKS (Texas Essential Knowledge and Skills) related to the elementary health curriculum, please go to [www.tea.state.tx.us](http://www.tea.state.tx.us).